

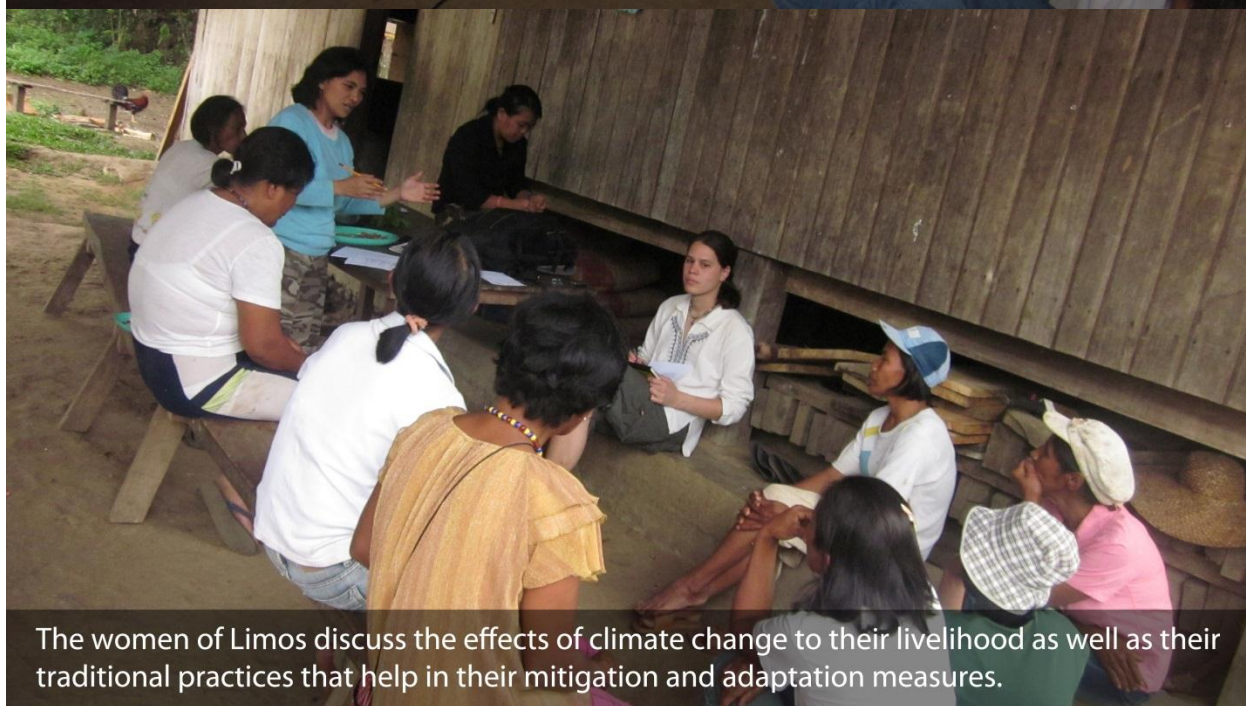


The women of LImos practice every tune and lyric of their songs before stepping in front of the mic to record.

In the photo, "Lusiya" a , variation of gabi or sweet potatoe for snacks.



Instruments, voices, cameras, and flashlights ready. Despite the late hour, the Limos community sang their hearts out to record the song "Bullalayaw" (Sunflower), which gives tribute to the well-loved flower.



The women of Limos discuss the effects of climate change to their livelihood as well as their traditional practices that help in their mitigation and adaptation measures.





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Jen and Patrick (APIYN intern) facilitate and document the FGD discussions.



Another focus group discussion was held in Sitio Posil, Limos, this time, with the men of the community, wherein traditional practices, in line with adaptation and mitigation measures to the effects of climate change were shared.





The women of the Limos tribe sing on top of their lungs in a practice as they get ready for recording.



Women of the Limos tribe clad in their traditional attire sing their hearts out about sunflowers while being filmed.





The gongs used in this recording are considered to be the oldest and most authentic among the Limos tribe. Despite of cracks on some pieces, it still produced the rich music of the Limos culture.